

REACT (Relationship Education and Counselling Team)

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REACT is a community project based in Greater Easterhouse, Glasgow. REACT offers relationship services to young people and adults without judgement or discrimination on any grounds.

Key Facts:

- 87% of young people in Greater Easterhouse experience problems with relationships. This could be anything from parents getting divorced to arguments with siblings and friends.
- Since January 2005, REACT has provided relationship workshops to 102 young people. The workshops enhance awareness of different types of relationships and aid the formation of positive healthy relationships with family and friends.



- REACT currently works in partnership with 4 local schools, delivering relationship workshops as part of Personal and Social Education (PSE) groups.
- 48% of mothers in Greater Easterhouse are aged under 25 years.

- REACT offers an innovative relationship skills training programme to young parents in the local community. The course is delivered by peer-educators and focuses on building confidence and self-esteem and raising awareness of important relationship skills such as communication and listening.
- REACT provides a confidential youth counselling service. Young people are offered the chance to talk about any issue that is troubling them in a safe place.



- REACT offers a confidential relationship counselling service to adult couples and individuals